

Understanding the Role of the Pelvic Floor Muscle in Rehabilitation

Saturday, April 26, 2003
8:30 am - 5:00 pm

Location: UIC, AHS building at 1919 W. Taylor.
You will receive the room number with your confirmation materials.

Cost: \$100 for physical therapists,
\$50 for physical therapist students.

COURSE DESCRIPTION

This one day introductory course is geared towards clinicians who are interested in understanding the role of the pelvic floor muscle in rehabilitation of female patients. This course will be in lecture and demonstration format and will provide participants with an appreciation for the anatomy and kinesiology of the female pelvic floor muscles. Particular emphasis will be on the role of pelvic floor muscle rehabilitation during physical therapy management of lumbopelvic and hip dysfunction and trunk stability. This course will also discuss function of the pelvic floor during functional activities such as bladder function, bowel function, sexual function, and childbirth. The latest medical and rehabilitation research on pelvic floor muscle function will be presented. Clinical case examples will illustrate the research findings and pelvic floor examination and treatment techniques will be demonstrated.

TOPICS

- Female Pelvic Floor Anatomy
- Pelvic Floor Kinesiology and Physiologic Function of the Pelvic Floor
- Pelvic Floor Muscle Injury
- Symptoms and Functional Implications of Pelvic Floor Injury
- Physical Therapists examination of the Female Pelvic Floor
- Principles of Pelvic Floor Rehabilitation
- What if I want to learn more about pelvic floor rehabilitation?

UIC's Department of Physical Therapy is committed to offering physical therapists high quality, evidence-based courses for continued professional and educational development.

To learn more about Physical Therapy at UIC, visit the department's website at

www.uic.edu/ahp/pt/

CONTINUING EDUCATION AT UIC:

For a complete catalog of UIC's continuing education programs, including graduate-level credit courses in Physical Therapy, visit the Office of Continuing Education website at

www.oce.uic.edu

Or you can call us at
(312) 996-8025

To enroll in the April 26 workshop, mail your completed enrollment form to the UIC Office of Continuing Education (M/C 165), 322 S. Green St., Suite 202, Chicago, IL 60607 or fax to (312) 996-8026 (fax submissions accepted with credit card payment or verified waiver only).

enrollment form

Spring 2003
PHYSICAL THERAPY WORKSHOP
at UIC

Enrollment Deadline: April 18, 2003

Please use ink and print legibly.

Last Name First M.I.

Home Address

City State ZIP

Day Phone Evening Phone

Fax Email

I am a Physical Therapist

Occupation/Title Employer

Highest Earned Degree Graduation Month/Year

I am a Physical Therapist Student

School Anticipated Graduation Month/Year

PAYMENT INFORMATION:

My payment is \$100 (Physical Therapists)

My payment is \$50 (Student Physical Therapists)

Payment enclosed: Check or Money Order

Credit Card: Discover Master Card Visa

Card Number Expiration Date

Cardholder's Signature

Certification (required): The above information is true and complete. I understand that by submitting this form, I will be obligated to pay all charges and will not receive a refund for the related noncredit program fee after April 18, 2003.

Signature Date

Cut here

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UNIVERSITY OF ILLINOIS AT CHICAGO
OFFICE OF CONTINUING EDUCATION (M/C165)
322 South Green Street, Suite 202
Chicago, Illinois 60607-3544

Physical Therapy Workshop at UIC - April 26, 2003

UIC Office of
Continuing Education

Spring 2003
Workshop
in Physical Therapy

The Department of Physical Therapy at the University of Illinois at Chicago is presenting a workshop offering 7 continuing education hours to physical therapists and physical therapist students:

Understanding the Role of the **Pelvic Floor Muscle** in Rehabilitation

Saturday, April 26, 2003
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...featuring
Meg Zachwieja, PT - a clinical faculty member of Indiana University School of Medicine Department of Obstetrics and Gynecology, Section of Female Pelvic Medicine and Reconstructive Surgery.

About the Instructor **Meg Zachwieja, PT**

Meg Zachwieja, PT, practices women's health physical therapy emphasizing pelvic floor rehabilitation and inpatient/outpatient obstetric physical therapy. Presently a clinical faculty member of Indiana University School of Medicine Department of Obstetrics and Gynecology, Section of Female Pelvic Medicine and Reconstructive Surgery, she educates Fellows in Urogynecology/FPMRS and Ob/Gyn residents in the role of the musculoskeletal system within their areas of practice. Meg Zachwieja has lectured to physicians, physical therapists, medical students, and physical therapist students on the topic of women's health in physical therapy. She has also lectured at the APTA Combined Sections Meeting and is an active member of the APTA's Section on Women's Health both in elected and volunteer positions. Ms. Zachwieja is currently contracted for publication of her first textbook chapter on physical therapy before and after gynecologic surgery.

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